

7. You throw a 675 g ball straight up. If the ball takes 4.2 seconds to go up and down (where you catch it at the same height) and if we ignore wind resistance, then find: (a) How high the ball goes, (b) the ball's initial velocity, and (c) the kinetic energy just before you catch it.

8. A beam sticks out from a wall as shown. The mass of the uniform beam is 12.6 kg, the mass of the penguin is 1.25 kg. The angle of the cable is 65.0° . (a) Find the tension and (b) find the force exerted by the wall on the beam.

